ALPHA-1 ADRENERGIC RECEPTOR

By Nicole Kluenker and Victor Calderon

PROPERTIES

□ A member of the Gq protein-coupled receptor family

- Triggered by norepinephrine, epinephrine and isoprenaline in decreasing potency
- □ Effects level of Calcium in cells when activated
- Mechanism: PLC activated





WHAT DOES IT DO?

Present in high numbers in vascular smooth muscle

- Activation results in vasoconstriction which increases venous resistance and raises blood pressure
- □ Typically activated upon postural change to keep blood in your brain
- □ Smooth muscular contraction
 - □ GI sphincters
 - Urinary bladder
 - Pupil dilation
 - □ Kidney
 - Brain

NOTABLE PHARMACEUTICALS

Agonists

Midodrine (Antihypotensive)

Phenylpephrine (decongestant)

Pseudophedrine (decongestant)

Antagonists

□ Labetolol (Antihypertensive)

- Risperidone (mood disorder treatment)
- Trazodone (sleep aid)

EXERCISE

- Muscles being worked will 'back burner' the Alpha-1 adrenergic receptor and allow vasodilation to take place
- Muscles not performing work will be dominated by Alpha-1 adrenergic receptors
 - □ Net result is vasoconstriction, this allows you to stay conscious during exertion